

Welcome to

TAMPERE

Finland



Proposal to hold the

23RD INTERNATIONAL CONGRESS OF HISTORICAL SCIENCES

on 21-30 August 2020
in Tampere, Finland



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Tampere, March 3, 2015

To the
International Committee of Historical Sciences

The University of Tampere is happy to welcome the 23rd International Congress of the Historical Sciences to Tampere in August 2020.

The University is willing to be the organizer of the congress in co-operation with CISH and the Finnish Historical Society. Attached you can find the letter of application signed by Vice-Rector Pertti Haapala. The University is well prepared to host international meetings. The modern venues and well-organized services provide optimum conditions for scientific and social interaction in Tampere.

The University supports international conferences economically and in all other ways available, including a reception to all participants of your congress.

Yours sincerely,

A handwritten signature in blue ink, appearing to read 'Kaija Holli'.

Kaija Holli
Rector



To the
International Committee of Historical Sciences

Tampere, March 5, 2015

The Finnish Historical Society and the CISH national committee have decided to apply to host the 23rd International Congress of the Historical Sciences in Tampere, Finland, in 2020. The congress will be arranged together with the University of Tampere and other local organizations as presented in the application document.

The Finnish historians welcome their colleagues all over the world to meet in Tampere 2020.

Yours sincerely,



Kari Teräs, professor
Chair of the Finnish Historical Society



CITY OF TAMPERE
MAYOR

To the
International Committee of Historical Sciences

Tampere, 20 February 2015

Dear Sirs and Madams,

On behalf of the City of Tampere I would like to wish the 23rd International Congress of Historical Sciences heartily welcome to Tampere in August 2020.

Tampere is a beautiful and exciting city, the second largest university centre and economic region in Finland.

Tampere is well prepared to host international meetings with its modern venues, comfortable hotels and cosy restaurants - all within an easy walking distance of the city centre. This will provide optimum conditions for scientific and social interaction during international congresses.

Congress delegates can enjoy a wide range of social and cultural activities in Tampere. A visit to Tampere is also an excellent opportunity to discover Finland's lovely Lakeland scenery, and to become familiar with Finnish design and architecture.

It would be a great privilege for us to host the ICHS conference. I hope we will have the opportunity to welcome your conference delegates and their families to Tampere in 2020. We warmly support the application by the University of Tampere and the City authorities will do their very best to ensure that your congress is both successful and enjoyable.

Yours sincerely,



Anna-Kaisa Ikonen
Mayor

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WHY FINLAND - WHY TAMPERE

Finland is safe and reliable

Finland offers an excellent setting for international congresses and conferences. Finland is a stable and secure country. Congresses can safely be booked years in advance. Finns are famous for their dependability. They keep their promises and hold their agreements.



Tampere, Finland's second largest urban region, is ideal for international congresses

- Tampere is a clean, modern and beautiful city between two lakes, offering fresh air and an array of outdoor activities. Tampere region has a population of 370,000 making it the second largest urban area in Finland.
- The city centre of Tampere is compact: all major hotels, restaurants and shops are within a convenient walking distance of the congress venues and moving is easy and comfortable. A new tram system will be opened before 2020.
- University of Tampere is a highly respected university of 16,000 students and with a strong history department.
- Tampere Hall is the leading congress facility in Finland and a major congress centre in Scandinavia.
- Hotel rates are reasonable, ranging from €155 (first class) to €100-130 (regular) to €45-95 (economy). Special rates for congress guests will be negotiated.
- Tampere is easily accessible. Tampere International Airport is currently served by direct flights Finnair flights from Helsinki, and SAS flights from Stockholm. Also Ryanair flies to Tampere.
- Over 20 international airlines offer regular flights to Helsinki, the capital of Finland. From Helsinki, there are regular connecting flights to Tampere.
- There is a fast (1,5 hours) and direct train connection from Helsinki Central Station and from the airport.
- Tampere offers an extensive and experienced network of congress professionals to help with local arrangements.
- The city of Tampere supports international congresses by hosting a complimentary reception at the City Hall.

UNIVERSITY OF TAMPERE

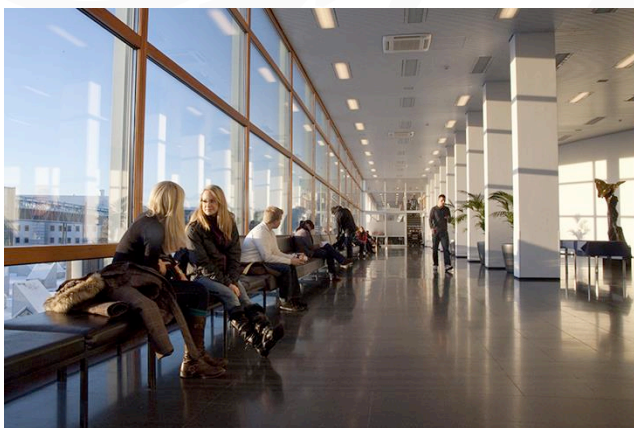
The most wanted university in Finland ... and the best history department

When measured by the number of applicants, UTA is the most wanted university in Finland. Less than 10 % of applicants are accepted annually. Today the number of students is about 16.000, of which more than 1000 are foreign students from 87 countries. The annual number of graduates is about 1200 masters and 140 doctors. There are no student fees in Finland and all students receive a scholarship (maintenance allowance). All universities are autonomous institutions but they are funded mostly by the state. University of Tampere has began negotiations of a merge with Tampere University of Technology and Tampere University of Applied Sciences. As the merge realizes UTA will be the size of the University of Helsinki (40.000 students and staff).

The School of Social Sciences and Humanities is the largest one at UTA. Its history department has been a very successful unit for decades. In 2014 UTA conducted an international research assessment (UTA RAE). History was evaluated very high: "excellent" in scientific performance and "outstanding" in societal impact. The history department is unique in Finland due to its social scientific approach. It ranks number one in generating external competitive research funding and it is hosting The Finnish Centre of Excellence in Historical Research funded by the Academy of Finland (www.uta.fi/yky/coehistory). The vision for the coming years is to promote international (transnational) and multi-disciplinary study of the past. Another emphasis is in promoting the societal impact of historical research, combination of big (global) and small (everyday) history, and critique of any canonized explanations of the past. Historians at UTA see it as their duty and privilege to be active members of the civil society locally and globally and hence members of the international community of historians.

Distinctive research profile

The University of Tampere has a unique research profile in Finland and in the Nordic countries. In light of the number of research staff, research funding, publications and reputation, the research at UTA is strongly concentrated in two main areas: society and health. These two areas cover 80% of the external research funding. The University's relative share of the funding is highest in the social sciences, or more broadly, in research on society, including history. UTA research profile stems from the University's long-time heritage: it was founded in 1925 as a Civic College, became then a College of Social Sciences, and was expanded into a multi-faculty university in the 1960s and 1970s. The University has retained an emphasis on social research, but has also developed a strong focus on research of health, especially on biomedical technology. "In its research activities, the university plans to focus on important, current societal issues. The University of Tampere aims at educating visionaries who understand the world and change it, and it emphasizes the close relationship of the University with the state, the municipalities, enterprises and non-governmental organizations." This vision of the university strategy is shared by the UTA academic community and the environment.





CONGRESS ORGANIZATION

The congress will be hosted by the University of Tampere (UTA) together with the Finnish Historical Society and CISH. University is legally responsible for the arrangements and finances. That is, the organizing committee makes all the contracts under the authority of UTA and the School of SSH. Financially the congress will be a separate project in UTA financial structure and the project will follow UTA's normal rules and procedures (concerning employment, benefits, payments, taxes, security, insurance etc). All persons who work for the congress will be hired by the university directly or by UTA's contract with other employers.

The local organizing committee will begin its work immediately after the CISH decision of the host. The committee will invite additional international members to secure a professional and diversified approach in planning the congress.

Organizing committee

Chair:

Professor Pertti Haapala, Vice-Rector, Director of the Finnish Centre of Excellence in Historical Research

Members:

Professor Marjaana Niemi, President of the European Association for Urban History

Professor Pirjo Markkola, Vice-Chair of the Research Council for Culture and Society, Academy of Finland

Professor Kari Teräs, Chair of the Finnish Historical Society

Secretariat

The University of Tampere will hire a General Secretary and other staff to take care of congress business together with other organisers. The congress office is at the School of SSH.

Tampere Convention Bureau

Tampere Convention Bureau helps with preliminary planning and marketing of the congress, free of charge.

Tampere Hall Congress Department

Tampere Hall will appoint a project manager, who will see to it that everything runs smoothly. He/she will be the coordinator between the client and the in-house technical and other staff.

Professional Congress Organisers

There are professional congress organiser (PCO) companies in Tampere, both private companies and the University of Tampere conference team. They have a lot of experience in organising a variety of congresses and other events in the Tampere area. They offer registration and hotel booking services as well as arrangements of the social events and tours. The division of tasks between the University staff and a professional congress organiser will be decided at a later stage.



Students and volunteers

The students of the University of Tampere are known to be enthusiastic in taking part in congress tasks, such as helping with registration, guidance and seminar room assistance.

Translation capacity

Professional translation in English and French will be organised by the University of Tampere Language Centre.

Publications

All the participants will be provided with a printed program book and a gift book "Finland in Context 1400-2000" written by the members of the CoE in Historical Research. Thematic publications will be designed and published in co-operation with the CISH committees. All publications will also be available in electronic format.

Internet services

The web pages of the congress (uta.fi.yky/CISH) and Facebook site will be opened in the beginning of 2016. That allows all interested historians to follow the progress of the preparations for 2020, share ideas, etc. The organizers are willing to get input and ideas from colleagues in discussing the themes and the organization of the congress - in line with the policy of CISH. All sessions (and proposals) will have a chance to organize preliminary discussions well before the congress, deliver papers etc.

All the papers of the congress will be published via the congress website (if allowed by the author). All participants in the congress will have an alltime free internet connection (wifi). Internet and mobile technology (CISH application) will be employed to provide accurate information for the participants during the congress (program, papers, contact groups, call desk, maps, GPS, guides, timetables, etc).



FINANCES

General cost level

It is not expensive to organise an international congress in Finland. Prices are generally among the most reasonable in the Nordic countries and other OECD countries. Currently there is no reason to believe that price level would raise remarkably. When all arrangements are done in good time, there is no danger of unhealthy competition and prices are rather fixed (no tipping) in Finland - there will be no "conference boom" in prices.

Government subsidy

International scientific contacts and researcher networking are among the Government's policy priorities. Special funding in support of international congress is available through the Federation of Finnish Learned Societies. Application will be made in due time but it is clear that FFLS is prepared to support the CISH 2020 congress.

The City of Tampere

The City of Tampere supports international congresses by hosting a complimentary reception at the City Hall. The congress organisers may also apply for cost-efficient public transportation for the congress delegates and discount or free entrance to museums and other attractions (like sauna).

Sponsors and other support

To keep the registration fee at an attractive level, the organisers will invite Finnish and international companies/publishers to the exhibition, and negotiate for support from other sources of funding. The organizers have a well-established contact network to facilitate this. There will be a solidarity fund (min. 100.000€) to support participants from the less wealthy countries. Several foundations (Jane and Aatos Erkko Foundation, Kone Foundation, Finnish Cultural Fund, Tampere University foundation and others) and private companies have expressed their will to sponsor the congress. Actual decisions of support will be made in 2015 and 2016. Preliminary negotiations suggest that there will be enough sponsor funding and other subsidies to cover all the costs. The current estimate is 400.000 euros.

The congress budget and registration fee

The local organisers have prepared a preliminary budget for the ICHS 2020. The draft budget is based on realistic calculations and previous experience of congresses. The budget plan may vary from 600.000 to one million euros depending on the number of participants and the level of service. See the Appendix for a draft budget.

The registration fee (in current prices) will be 150-300 euros depending on what is included in the basic fee (coffees, two receptions and conference materials). The fee will be set at a level that participants can feel justified and rewarding.



FINLAND - YOUR HOST COUNTRY

Finland is one of the Nordic countries. Situated in the far northeast of Europe, it is a quiet, peaceful and socially stable country. Finland has been a member of the European Union since 1995. The currency in Finland is the euro.



History

Finland was part of the Kingdom of Sweden from 1154 to 1809, when it was annexed to Russia as an autonomous Grand Duchy. Finland declared independence in 1917 and survived two world wars as an independent nation.

Population

Finland has a population of 5.5 million. Covering an area of 338,000 square kilometres, the average population density is 17 people per square kilometre. 65% of Finns live in towns or urban areas, 35% in rural areas.

Languages

Finland has two official languages: Finnish and Swedish. Finnish, a Finno-Ugric language, is spoken by 93% and Swedish by 6% of the population. Sami (Lappish) is the mother tongue of about 1,700 people. Most Finns have a good command of English, which makes it easy for the visitors to attend to local shops, restaurants and hotels.

Landscape

Finland is the sixth largest country in Europe. As much as 65% of its area is covered with forest. Finland is also known as the Land of a Thousand Lakes - although there are in fact as many as 188,000.

Climate - four distinct seasons

The climate in Finland is marked by cold winters and fairly warm summers. Nights are light during the summer. For example, in August, sun rises in Tampere at 5.30 am and sets at 9.30 pm. In summer, the temperature usually rises to +20°C or more and occasionally goes close to +30°C in southern and eastern parts of the country.

Economy

Finland has a high standard of education, social security and healthcare, all financed by the state. GDP per capita was 37,138 euros (2013). Finland's main exports include electrotechnical goods, metals (steel and copper), machinery, transport equipment (big ships and cars), board and paper products, biofuels and chemicals.

TAMPERE - THE CONGRESS CITY

Tampere is an interesting congress destination. It is a beautiful and safe town in the Finnish lake district. Surrounded by two large lakes, the city has a distinctive air of natural peace. The city is well maintained (streets, pavements, bike routes, parks) and the centre is compact and well populated.

Education and research

Tampere has been the country's leading industrial centre since the 19th century. Today, with its two universities, one university of applied sciences and numerous educational and research institutes, Tampere is also a significant centre of education, research and high-tech industries.

Well preserved industrial heritage

Tampere is the city where the industrialisation of Finland began. The Tammerkoski rapids gave power to the factories. In the centre of Tampere you can visit one of the world's last old factory areas, that has been kept complete. In Tampere the past and the present literally live side by side. Today the old industrial buildings are homes to restaurants, cinemas, shops and festive halls. In museums you can relive the industrial past with original buildings, machinery (including a huge steam engine) and stories of the local and international people.

Tampere was part of the European wave of industrial revolution. Finlayson Cotton Mill, founded by a Scotsman and the largest factory in Northern Europe, imported cotton from the United States, machinery from Germany, engineers from Britain and sold the products to Russia. Since the 18th century Tampere was known as the Manchester of Finland and factories were the major tourist attraction of the city. The large working class made Tampere the centre of labour movement as well, and it was the last bastion of the revolution in 1918. History of the Civil War is told in an award winning and dramatic exhibition in the city museum Vapriikki (a previous metalworks).

Despite its reputation as an industrial town Tampere has always been a place of social progress and promise with well managed infrastructure, environment, health care and education system. In the 1930s the city adopted a new slogan: The Beautiful City of Factories. That was actually invented by an American journalist, who noted that Tampere did not remind of Manchester at all. Instead it was "The White Pittsburgh of Scandinavia". Today Tampere is still an industrial town, i.e. a producer of high tech solutions (incl Nokia, intelligent machines and biomedical technology).

Culture

Tampere is a versatile town with vivid cultural life and lively summer events. In the evenings it offers the very best of city life: theatres, concert halls, pubs and restaurants. Tampere is also called Finland's theatre capital, with its numerous professional theatres and active amateur groups. Tampere Hall, the largest concert and congress centre in the Nordic countries, stages countless classical concerts and performances by the Tampere Philharmonic Orchestra and Opera, and by visiting orchestras as well as pop concerts. Culture in Tampere is further enhanced by the dozens of museums, art exhibitions and galleries located in the city. In addition, Tampere hosts a number of different festivals every year.

Interesting congress destination

Tampere is well prepared to welcome large international congresses. Tampere Hall, the largest congress and concert centre in the Nordic countries, can accommodate up to 3,000 delegates. The University of Tampere campus is located next to Tampere Hall, creating a compact group of premises for a large conference. The city's hotels, most of them within walking distance of Tampere Hall and the university campus, offer accommodation in various price ranges. The city centre is compact. The hotel rooms as well as the congress facilities have already been pre-booked for ICHS 2020.

TRAVEL TO THE CONGRESS SITE

By air via Helsinki

Tampere is easily accessible. There are excellent flight connections to Finland from all parts of the world. There are over 150 direct flights daily from all over the world to Helsinki. The airport is served especially well from Asian and European destinations. Finnair (One World Alliance) has direct flights to Helsinki from all major cities in Europe, as well as from New York, Bangkok, Beijing, Delhi, Hong Kong, Osaka, Seoul, Shanghai, Tokyo, and Nagoya. Because of its location in the north, the air routes to Finland are relatively short from Northern America and Asia.

From Helsinki, there are a number of daily connecting flights to Tampere. Flight time is only 25 minutes. By regular bus connections, Tampere is only 2 hours from Helsinki airport. Buses from Helsinki Airport to Tampere leave every hour.

Fast train connections offer a very convenient means of transportation, taking passengers from the Helsinki-Vantaa airport to Tampere in about 1h 45 minutes.

Direct flights to Tampere

Tampere-Pirkkala International Airport is 20 minutes from Tampere centre. Since the airport is small and efficient, travellers will be at hotel 30 minutes after landing. Accordingly, check-in times are short and travellers need to be there only 45-60 minutes prior the flight.

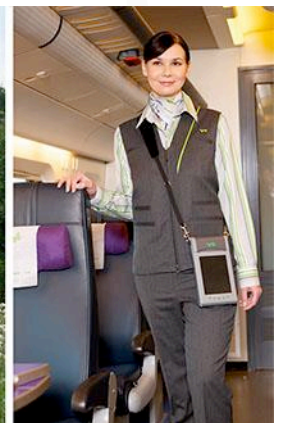
You can reach Tampere by flying with SAS, the Scandinavian Airlines System (Star Alliance). SAS has regular flights directly to Tampere (one hour) through their hub of Stockholm. To Stockholm there are direct connections available from 144 international destinations worldwide.

Finnair flies to Tampere from Helsinki.

Ryanair offers direct flights to Tampere from a number of Central European cities.

By sea

Finland is also easily reached by sea from Stockholm, Travemünde, Rostock, Tallinn and St. Petersburg. Ferry services from Sweden and Germany are provided on luxurious liners with first-class restaurants. There are good bus connections to Tampere directly from the ferry terminals.



CONGRESS VENUES

The congress will be held jointly at the University of Tampere and Congress Centre Tampere Hall, opposite each other.

Tampere Hall

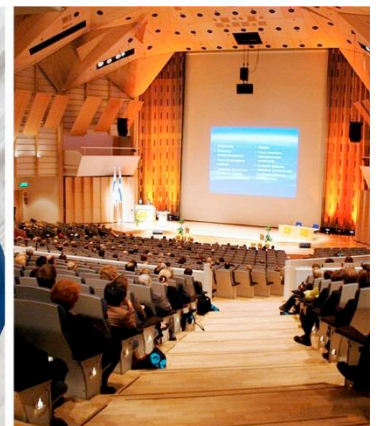
Tampere Hall offers excellent facilities for major international congresses and exhibitions. It is within easy walking distance of the city centre and the various attractions there.

State-of-the-art technical equipment meet the highest international standards. All the seminar and meeting rooms at Tampere Hall are equipped with data projectors, microphones and computers with internet connections. Experienced technical and customer service staff is there to ensure that the meeting runs smoothly. Tampere Hall has also excellent restaurant facilities for catering services up to 3,000 people. Tampere Hall was the first ever Congress Centre to be awarded the Nordic Eco Label.

CONGRESS FACILITIES	NUMBER OF SEATS
Facility	Maximum capacity
Main Auditorium	2,000
Small Auditorium	500
Maestro Auditorium	220
Duetto 1+2	500 (250+250)
Sonaatti 1	140
Sonaatti 2	140
Sopraano	150
Park Hall	700
6 seminar rooms	20-60

Exhibition facilities

Tampere Hall and the University of Tampere have superb facilities for posters and book sales and other exhibitions held in conjunction with the congress in the spacious foyers.



The University of Tampere premises

Adjacent to Tampere Hall is the University of Tampere with its diverse selection of meeting rooms. The congress can be organized in two or three different campus buildings that are located in the main campus next to each other. Outside walking distances between campus buildings are less than 50 meters. All campus buildings are less than 10 years old or renovated during the last 5-8 years. No traffic in the area and no street crossing needed.

CONGRESS FACILITIES	NUMBER OF SEATS
Facility	Maximum capacity
Main Auditorium	600
A1	300
Pinni	240
Linna	120
Linna B	120
Numerous other auditoria	50-100
100 break-out rooms	20-30

The foyers and surrounding park can be used for receptions and coffee breaks.

Lunches and coffees

Lunch will be available for purchase at both the University of Tampere and Tampere Hall. Lunches can be included in the conference fee, or can be reserved and paid separately by a voucher, credit card or cash. Coffee is offered all the day.



SELECTED REFERENCES OF INTERNATIONAL CONGRESSES IN TAMPERE

Below are examples of some of the past and forthcoming international conferences held in Tampere.

DATE	CONGRESS NAME	DELEGATES
September 2016	12 th World Conference on Injury Prevention and Safety Promotion	1,400
June 2016	World Building Congress 2016	1,200
September 2015	5 th Scientific Meeting of the Federation of European Societies of Neuropsychology	500
June 2014	Euromit 9 - European Meeting on Mitochondrial Pathology	800
June 2014	ED-Media 2014 - World Conference on Educational Multimedia, Hypermedia and Telecommunications	800
September 2013	International Metropolis Conference	500
August 2013	18th Nordic Congress of General Practice	1,100
August 2011	28th Congress of the Scandinavian Association of Urology and Urological Nurses	600
September 2010	ESB, 23rd Annual Conference of the European Society for Biomaterials	700
September 2009	Lions Europa Forum 2009	750
May 2009	EAA, The Annual Congress of the European Accounting Association	1,200
August 2008	16th Congress of the Federation of European Societies of Plant Biology FESPB	1,300
June 2007	9th Glass Performance Days	1,000
August 2005	FIT 2005 - XVII World Congress of the International Federation of Translators	700
July 2004	ICT X - 10th International Congress of Toxicology	2,500
June 2001	ED-Media 2001 - World Conference on Educational Multimedia, Hypermedia and Telecommunications	1,200

CATERING AND SOCIAL PROGRAMME

Congress banquet

A Congress Banquet for all participants can be organised at Tampere Hall or at Scandic Rosendahl Hotel. Dinners for several hundreds of guests can be served at the university. The menus could feature Finnish specialities.

Finnish cuisine offers several tempting natural delights for foreign visitors. Finns eat a lot of fresh water fish, vegetables and berries. The Finnish berries grow with approximately 20 hours of sunlight per day and are therefore very sweet. Reindeer, game and salmon are popular delicacies. Also our breads and cheeses are worth tasting.



Finnish evening on Viikinsaari island

Finland is known as the Land of a Thousand Lakes, and Tampere is situated between two particularly beautiful expanses of water. So what could be a more suitable way to spend some of your time here than by the lake? A beautiful setting for a Finnish Evening can be the island of Viikinsaari, only 20 minutes by boat from the city centre. There is a beautiful old restaurant on the island, as well as a sauna, a small chapel, a dance pavilion and a nature trail. On the island, delegates could sample delicious traditional Finnish foods, such as salmon cooked over an open fire or grilled sausages.

Cruise on old steam boat

If you just want to enjoy the silence of the Finnish lakeside, you ought to go for a cruise on the over 100 year old steam boat Tarjanne. With a restaurant on board, you are set for the day!



ACCOMMODATION

There is a total of 3,300 hotel rooms in Tampere, ranging from modern first-class hotels to smaller traditional hotels and hostels. New hotels are under construction.

We have made a preliminary reservation of approximately 1,900 hotel rooms for the period of the congress, shown in the table below. Breakfast and VAT is included in hotel prices in Finland. There are also inexpensive hotels available with internet-based reservation systems, where it is not possible to make bulk reservations for years ahead.

HOTEL	NUMBER OF ROOMS PRE-BOOKED	DISTANCE (km) FROM	
		Tampere Hall & university	City centre
Sokos Hotel Villa	60	0,2	0,5
Sokos Hotel Torni	240	0,3	0,8
Sokos Hotel Ilves	250	0,8	0,0
Scandic Tampere City	220	0,8	0,0
Holiday Inn Tampere	130	0,9	0
Cumulus Koskikatu	250	1,2	0
Cumulus Pinja	40	1,2	0
Sokos Hotel Tammer	50	1,4	0
Cumulus Hämeenpuisto	140	1,7	0,5
Scandic Tampere Station	160	0,6	0,2
Scandic Rosendahl	170	3,2	2
Holiday Club Tampere Spa	70	2	2,4
Hotel Kauppi	20	1,3	2



TOUR EXAMPLES

Historical tour of Tampere

Tampere has an exiting history. The city was founded by the king of Sweden in 1779, annexed to Russia by Alexander I as a result of the Napoleonic Wars, and experienced three Russian Revolutions (1905, March 1917 and November 1917). The Civil War in 1918 left deep wounds in the town, which, however, developed towards a welfare society already before WWII. On a history tour one can visit the old factories by the rapids, several museums of industrial heritage, art museums and Lenin Museum, the only one in the world, reminding of the several meetings that Russian revolutionaries held in Tampere. A history tour is organized everyday of the conference as a walking or as bus tour.

Art and design - old and new

Mänttä is a must for anyone interested in art. This town is located an hour from Tampere in "the middle of nowhere". It is the home of many museums, including two Serlachius Museums: Gösta and Gustaf. Alongside the residential manor of the industrialist Gösta Serlachius there is an internationally awarded and architecturally interesting wood-constructed pavilion. The manor's exhibitions feature nationally significant works of Finnish art, the pavilion shows new openers of contemporary art and well-known artworks. Museum Gustaf tells stories from the history of the pulp and paper industry. A visit to a paper mill is also available.

A shopping tour to Helsinki

Visit the capital of Finland and experience the unmatched art, culture and shopping facilities it has to offer. During the trip, you will have a guided bus tour of the city before getting the chance to explore it on your own.

On your way to Helsinki, it is easy to make a stop at Iittala Glass Factory, where you can see some of the masterpieces of Finnish glass design and learn about the designers. The glass industry has traditionally been a strong sector of Finnish expertise. You may also get to watch the modern glass blowing process. Another option is the medieval castle of Hämeenlinna between Tampere and Helsinki. It can also be reached by a full day boat trip from Tampere.

Heaven and Hell in one day

Feel like taking a break from it all? If that's the case, why not embark on an adventurous hiking or canoeing trip in the rugged landscape of one of Finland's gruffly beautiful national parks, Hell's Canyon. And at the end of an exhilarating day, relax by the campfire and enjoy a delicious meal of mushroom soup, barbecued salmon and fresh raspberries served with warm honey. If you still haven't tried a Finnish sauna, you can have this unforgettable experience now, in the midst of the tranquility of the untouched nature.

Sauna experiences

Sauna bathing is a very traditional Finnish way to relax. It is very refreshing to combine the sauna experience with a dip in one of the fresh water lakes in Tampere. There are public saunas by the lakes that are open every day for you to try! There is also a sauna in every hotel.



PRE- AND POST-CONGRESS ACTIVITIES

Once in Finland, many delegates may wish to explore the country, or the neighbouring countries, more extensively. Visits to Helsinki or the capitals of other Scandinavian countries, and to Finnish Lapland or Finnish lakes are particular favourites.

Holiday in the Tampere Region

Situated in a beautiful Lakeland, the Tampere Region has a lot to offer as a holiday destination. Extend your stay by renting a summer cottage by a lake and enjoy fishing, sauna and swimming. Or spend some days in one of the modern spa hotels in the region, with relaxing treatments and water entertainment.

Lapland

With their gently rounded summits, the fells of Lapland offer incomparable views of some of the last wilderness in Europe. In late summer, Lapland is an ideal region for the lover of the great outdoors, for those who enjoy hiking, canoeing and gold washing. The sun doesn't set from the end of May until the end of July.

St. Petersburg, Russia

St. Petersburg, with its stormy past marked by revolution, can be a great historical adventure. St. Petersburg was founded and named the capital of Russia by Tsar Peter the Great in 1703. He commissioned the most renowned European architects of his day to build a city that would stand eternally as a symbol of tsarist magnificence for the entire world to admire. The Russian Federation has decided to make it easier for foreigners to enter the country. Travellers who enter Russia by ferry from Helsinki may stay in the country for 72 hours without a visa. This makes pre- or post congress tours to Russia all the more attractive. There is a fast train connection from Tampere to St. Petersburg.

Stockholm, Sweden

Stockholm is the capital of Sweden. It's a city where modernity meets tranquility. Stockholm is full of trend-setting restaurants, great shopping and vibrant nightclubs next to an idyllic archipelago. We recommend you travel to Sweden by one of the many sea cruisers, which are "party-boats" worth experiencing due to their relaxed atmosphere and lots of action.

Tallinn, Estonia

Tallinn is situated only 60 kilometres from Helsinki across the Gulf of Finland. Tallinn is easily reached by boat or hydrofoil; there are several departures daily. A tour of Old Tallinn presents a glimpse of life in the Middle Ages. The stone buildings, many of them hundreds of years old, boast facades that have changed little over the centuries. There are plenty of cosy restaurants and interesting small shops to explore in the old town.



WE LOOK FORWARD TO SEEING YOU IN TAMPERE IN 2020

We are more than happy to answer any further questions you have.



UNIVERSITY OF TAMPERE

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CONVENTION BUREAU

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Conference Budget, draft CISH 2020

6 days , 2000 participants

All prices include Finnish VAT 24%

FIXED COSTS	Multiplier	Unit Price	EUR
Venue rental, Tampere Hall			56 000
Technical and in-house staff			37 000
Additional technical equipment, decoration, etc.			7 500
Interpretation equipment + technician			14 000
Interpreters fees: English/French, 4 interpreters * 2 days	8	950	7 600
Venue rental, University			50 000
Venue related costs			172 100
Design/layout			8 000
1st announcement			4 000
2nd announcement			8 000
Translations, proofreading			3 000
Website desing and up-date			10 000
Abstract book and/or Proceedings			20 000
Gift book			20 000
Signage			2 000
Marketing Costs			75 000
Invited speakers travel etc.	5	2000	10 000
Opening and Closing Ceremonies	2	5000	10 000
Speakers' + guests' dinners etc	20	150	3 000
Invited Guests, Ceremonies Total			23 000
Solidarity Fund			100 000
Seretariat and assistants, University			150 000
Committee Meeting Costs			15 000
Assistants during the Conference (meals)	50	100	5 000
PR, Media Relations			2 000
Miscellaneous			10 000
Administration Costs Total			182 000
FIXED COSTS, TOTAL			552 100



Welcome to **TAMPERE** Finland



Tampere Convention Bureau

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